


# The MR7™

## Frequency Specific Therapy

The Frequency Specific Therapy Stimulator, MR7 is a seven channel milligauss magnetic field stimulator that generates seven specific frequency patterns as magnetic fields. The MR7 is Programmable, Light weight, Pocket size and has a rechargeable Lithium ion Battery.

### MR7™ Operation



To turn on the MR7™, press the ON button-, located on the front panel. When the MR7 is operational the green RUN LED is on. The MR7 has an internal lithium ion rechargeable battery. If the internal lithium ion battery is low, the RUN LED turns red. To turn the MR7 off press the ON button for 2 seconds and the green RUN LED will turn off.

### MR7™ Milligauss Seven Channel Magnetic Field Stimulator



The milligauss seven channel magnetic fields are located within the MR7 stimulator and attached to the back panel. To apply the magnetic fields to the body, the backside of the MR7 (the side with the manufacturer's specs.) must be directed toward the body. The magnetic fields projecting from the backside of the MR7 may be placed over fabric or materials that are non-magnetic, such as a shirt pocket or a pouch. Although the frequency specific magnetic fields generated by the MR7 affect the whole body, it is recommended you place the magnetic disc close to the area to be treated.

### MR7™ External Connections



There is one Mini USB port on the side of the MR7. The Mini USB is connected to a standard USB 2.0 Cable with a Type-A Male USB Connector and a Mini Type-B Male USB Connector at the other end. The USB cable is used to recharge the lithium ion battery and program the MR7.



## Programming the MR7

If you are renting the MR7, your provider will program your MR7 for your specific needs. If you have bought the MR7, you will receive a set of Wellness programs: Stress Management, Mental Acuity, Workout Recovery, Sexual Function, Sleep Management, Smoking Management, Weight Management, Woman's Wellness, Joint support and Low Back Support. You will be able to change between programs when the software loading program (from PulsedFrequency.com) is installed on

your Windows computer.

## MR7 Contraindications

- If you discover or suspect that you are pregnant, discontinue using the MR7 immediately.
- If you are fitted with a pacemaker or other implanted device, do not wear the MR7 below the neck or above the belt-line.
- Do not wear the MR7 near an MRI or other sensitive medical equipment such as an EEG.
- The MR7 may affect the normal function of sensitive medical electrical equipment.
- Do not wear the MR7 in any area where medical diagnostic or treatment devices are in use.
- Do not store the MR7 on or near a microwave or any electrical or electromagnetic devices.
- Do not leave the MR7 on or near any heat producing surfaces (including a car dashboard) or in a wet or moist area such as a bathroom.

## Precautions

- For external use only.
- Do not allow children to use or handle this device without adult supervision.
- There have been isolated reports of blood pressure being lowered by cranial electrical stimulators, so care should be taken while using the MR7 with high blood pressure medications.

## Cleaning

The MR7 must NOT be immersed in water or other liquids. Do NOT use solvents or abrasive cleaners. Wipe using a damp cloth with mild detergent. Apply the liquid to the cloth and squeeze out surplus liquid. Do not apply liquid to the device. Alternatively, use an alcohol wipe

## Storage

Store the MR7 in a dry place out of direct sunlight.

## Maintenance

The MR7 is not waterproof and should not be worn in the bath, shower or while swimming. Do not leave the MR7 in the bathroom when showering or bathing. If your MR7 is immersed in water, allow the MR7 to dry (do not use a hair dryer or any other hot object to dry it). There is a significant possibility that getting your MR7 wet will ruin it. There is no warranty for MR7 devices that have been exposed to moisture.

### Disposal

If you ever need to dispose of the MR7 please follow your local ordinance requirements. Dispose of button batteries at a hazardous waste collection site. These are considered hazardous material and must be taken to a household hazardous waste collection site for proper disposal.

### Assistance

Nothing in the MR7 can be serviced by the user. For further assistance, contact the health care professional from whom you obtained the device.

### Compliance Summary

The MR7, with a seven channel microcurrent electromagnetic stimulator, and a seven channel milligauss magnetic field stimulator that generates seven specific frequency patterns in both electromagnetic and magnetic fields, is a stand-alone technology. It is not part of a medical system. The MR7 may affect the normal function of sensitive medical electrical equipment. Do not wear the MR7 in any area where medical diagnostic or treatment devices are in use. Do not store the MR7 on or near a microwave or any electrical or electromagnetic devices. Do not leave the MR7 on or near any heat producing surfaces or in a wet or moist area such as a bathroom.

### Technical Specifications

Power Source: Rechargeable lithium ion battery- 2600mAh

Output: Seven Inductor Coils

Output Circuitry: Seven independent magnetic fields

60 Milligauss Magnetic field

### Manufactured and Distributed by:

RESET Manufacturing Inc.

P O Box 181

Clayton, GA 30525

[www.resetmfg.com](http://www.resetmfg.com)

706.970.9631

## **Pulsed Electro-Magnetic Frequency Therapy ( PEMFT)**

### **What is Pulsed Electro-Magnetic Frequency Therapy?**

Science teaches us that everything is energy. Energy is dynamic and, therefore, has a frequency. All energy is electromagnetic in nature. All atoms, chemicals and cells produce electromagnetic fields. Every organ in the body produces its own signature bioelectromagnetic field. Science has proven that our bodies actually project their own magnetic fields and that all 70 trillion cells in the body communicate via electromagnetic frequencies. Nothing happens in the body without an electromagnetic exchange. When the electromagnetic activity of the body ceases, life ceases.

Physics, that is, electromagnetic energy, controls chemistry. This, in turn, controls tissue function. Disruption of electromagnetic energy in cells causes impaired cellular metabolism. This happens anywhere in the disease process.

Pulsed Electro-Magnetic Fields (PEMF's) address impaired chemistry and thus the function of cells – which, in turn, improves health. PEMF's deliver beneficial, health-enhancing electromagnetic frequencies to the cells. Low frequency PEMF's of even the weakest strengths pass right through the body, penetrating every cell, tissue, organ and even bone without being absorbed or altered. As they pass through tissue, they stimulate most of the electrical and chemical processes in those tissues. Therapeutic PEMF's are specifically designed to positively support cellular energy, resulting in better cellular health and function.<sup>1</sup>

### **How does it work?**

PEMFT is a physiological modality that increases ATP (energy) production in the cells of your body. In doing so, this dramatically increases the tissue's healing rate. The almost immediate response to the correct frequencies suggests that other mechanisms are involved as well. The exact effects or changes that result from frequencies have not been proven because no biopsies have been done after PMFT has been applied. Nevertheless, the changes in the tissue are unmistakable; scars will often suddenly soften; trigger points often become less painful; swelling often drains within minutes when the “correct” frequency is applied. In many situations the changes seen seem to be long lasting and in many cases permanent.

*“Microcurrent increases the production of ATP, your own chemical energy, by up to 500%. It also increases protein synthesis and waste product removal.” -Cheng, 1987*

### **How do the frequencies work?**

The theory behind PEMFT, is that it works on the principle of biologic resonance. A singer can shatter a glass when the note resonates with the crystal structure of the glass. Pulsed Magnetic frequencies seem to be able to resonate with biologic tissue when the frequency is correct. Once the tissue is changed and stable, it seems to be able to stay in the new configuration with proper nutritional support. Animal research confirms that the frequency to reduce inflammation, reduces inflammation by 62% in a mouse

model. Prescription drugs only reduced inflammation by 45% in the same mouse research. The Frequencies reduced inflammation in other studies almost immediately.

### Do the benefits last?

Every patient responds individually, but the changes to the muscles seem to be long lasting. About 60% to 80% of the changes created in one treatment last until the next treatment, about four to seven days. Your muscles are used to being the way they are and may return to the old configuration if not treated again. Although patients have had permanent changes in one treatment, the average number of treatments depends on the complexity of the problem. We suggest nutritional support tailored to your condition to help create lasting change. The MR7 can be worn 24/7, without any adverse effects.

### What are the side effects?

Resonance appears to change the muscle tissue, removing long stored waste products and increasing cellular metabolism so quickly that there may be a detoxification reaction after treatment. Some people have similar reaction after a massage but the reaction after PEMFT is stronger because we do so much in such a short period of time. The side effects can include nausea, fatigue, drowsiness, or a temporary increase in pain or a flu-like feeling. Check out our website: [www.WellnessPEMF.com](http://www.WellnessPEMF.com) for testimonials.