

## Contraindications for PEMF frequencies

- DO NOT use any PEMF frequencies on any patient known to be pregnant. (Frequencies may be used during and after delivery.)
- DO NOT place the contacts over the chest of pacemaker patients.
- DO NOT run current through the brain. Do not place contacts over the ears or eyes.
- Do not use in patient with insulin pumps unless the pump is unplugged from the insulin reservoir. This should avoid any inadvertent signaling that might increase insulin delivery.
- Turn other types of pumps and spinal cord stimulators to the off position during frequency treatment.
- There is not enough experience to know whether it is safe to use frequency therapy in patients who have brain or vagal nerve stimulator implants.
- 13 / This frequency should not be used when there is any injury anywhere on the body more recent than 6 weeks.
- 51/ This frequency should not be used when there is any injury anywhere on the body more recent than 6 weeks.
- 58 / This frequency should not be used when there is any injury anywhere on the body more recent than 6 weeks.
- 3 / This frequency should not be used when there is any injury anywhere on the body more recent than 6 weeks.
- 40 / If this frequency combined with any channel B frequency causes an increase in pain anywhere in the body, check and treat for infection.
- 40 / 10 DO NOT use this frequency on patients with lower extremity muscle spasm or increased tone due to myelopathy. Do not use this frequency when the patient has an active untreated infection. DO use this when the patient has full body pain or spinal sensitization.
- 40 / 116 Do not use this frequency anywhere on the body when there is an infection anywhere on the body.
- 40 / 116 If this frequency causes an increase in pain, check and treat for infection.
- 40 / 89 DO NOT use this frequency when the thalamus is doing its normal job of suppressing pain. Do use this frequency combination in the case of central sensitization or thalamic pain.
- 81 / 10 DO NOT use this frequency in patients with full body pain secondary to spine trauma. It will make the pain worse. DO use this frequency combination when the patient has lower extremity muscle spasm or increased tone due to myelopathy or mild cerebral palsy.
- 81 / 23 DO NOT use this frequency combination. It may cause unwanted side effects.
- 81 / 17 DO NOT use this frequency combination. It may cause unwanted side effects. Do not use this frequency on an unattended patient.
- 81 / 32 DO NOT use this frequency combination in patients with excess stomach acid, gastritis or gastric disease. It may cause unwanted side effects.
- 81 / 44 DO NOT use this frequency combination. It may cause unwanted side effects. Do not use this frequency on an unattended patient.
- 81 / 64 DO NOT use this frequency combination. It may cause unwanted side effects. Do not use this frequency on an unattended patient.
- 81 / 71 Do NOT use this frequency combination for more than 4 minutes. It may cause unwanted side effects.
- 81 / 89 DO NOT use this frequency combination. It may cause unwanted side effects. Do not use this frequency on an unattended patient.
- 81 / 91 DO NOT run this frequency combination for more than 10 minutes without checking the patient's blood sugar. DO NOT run this frequency combination on an unattended patient.
- 81 / 109 Use this frequency with caution and only under certain circumstances. Do not use this frequency on an unattended patient.
- 81 / 116 DO NOT use this frequency combination in patients with auto-immune disease. Other frequency combinations may be used but not this one.
- 81 / 562 Use this frequency with caution and only under certain circumstances. Do not use this frequency on an unattended patient.
- 94 / 94 This frequency combination may cause dizziness in a small percentage of people with certain types of vestibular or inner ear injuries. Do not use this frequency for the first time on an unattended patient.
- 284 / 79 DO NOT use this frequency combination when there is a deep vein thrombus

- 284 / 62 DO NOT use this frequency combination when an injury or bruise is less than 12 hours old
- 284 / 34 DO NOT use this frequency combination during menstrual flow
- 284 / 155 DO NOT use this frequency combination during menstrual flow

This is only a partial list of precautions. Certain advanced frequencies should be used carefully and for short periods of time by trained users but are too numerous and varied to list here.

In general, if you do not know what a frequency or frequency combination does, or what it is good for, do not use it.